

Bullying/Cyberbullying Prevention Resources

Student and Educator Resources During the COVID-19 Pandemic

Resource list developed by Mary Dolan, PDE, Office for Safe Schools, Bullying Prevention Consultant

PA Department of Education www.education.pa.gov

Recorded Webinars:

Olweus Bullying Prevention Program Webinars

Meeting the Challenge of Bullying Prevention in a Digital Learning Environment.

In collaboration with Hazelden Publishing, Olweus Bullying Prevention Program leadership

<https://event.on24.com/wcc/r/2255208/4D4DCC9B3640A9FBEA9DF1BE73022FB7?partnerref=clemson>

Center for Safe Schools Webinar:

Bullying Prevention and Social Emotional Learning (SEL): What Can I Do Now?

Presenter

Leah Galkowski, Safe Schools Coordinator, Center for Safe Schools

https://www.center-school.org/latest_news/bullying-prevention-and-sel-what-can-i-do-now/

STOPit Solutions Webinar:

5 Tips To Stay Safe and Adjust to Distance Learning

Produced by STOPit Solutions

Presenter: Melissa Straub, STOPit Cyber Safety Expert and Founder of High Impact Youth Training Solutions

During this free webinar, Melissa Straub covers 5 tips for parents, teachers, & students to consider during the current disruptions to our lives related to COVID-19.

<https://attendee.gotowebinar.com/recording/6299766626948924171>

Second Step Webinars

Feeling Safe and Supported While Learning at Home: Trauma-Sensitive Practices During the COVID-19 Pandemic

<https://www.secondstep.org/webinars/on-demand-webinars>

Online Resources:

Committee for Children <https://www.secondstep.org/covid19support>

Mission statement: To foster the safety and well-being of children through social-emotional learning and development.

- **COCID-19 Response:** Find new on-demand, teacher-led lessons, videos and free resources for educators, students and families. Topics include SEL, Second Step middle school remote learning advisory guide, lessons and activities.

Common Sense Media www.commonsensemedia.org

Since 2003, Common Sense has been the leading source of entertainment and technology recommendations for families and schools. Every day, millions of parents and educators trust Common Sense reviews and advice to help them navigate the digital world with their kids. Together with policymakers, industry leaders, and global media partners, we're building a digital world that works better for all kids, their families, and their communities.

- **Essential Digital Citizenship Lesson for the Coronavirus Pandemic:** This online resource includes topics such as “Supporting the Transition to Virtual Learning” and lesson plans from the Common Sense Education K-12 Digital Citizenship Curriculum
<https://www.commonsense.org/education/articles/essential-digital-citizenship-lessons-for-the-coronavirus-pandemic>
- **Common Sense Resources for Educators During the Coronavirus Pandemic.** This online resource includes free tips and tools to support school closures and transitions to online and at-home learning.
<https://www.commonsense.org/education/coronavirus-resources>
- **Teaching “Digital Citizenship” K-12.** This online resource includes lesson plans on topics such as “Finding Balance in a Digital World” and “Who Are You Online?”
<https://www.commonsense.org/education/digital-citizenship>

Making Caring Common www.gse.harvard.edu

A project of the Harvard Graduate School of Education.

Mission: Our vision is a world in which children learn to care about others and the common good, treat people well day to day, come to understand and seek fairness and justice, and do what is right even at times at a cost to themselves. We believe that young people with these capacities will become community members and citizens who can strengthen our democracy, mend the fractures that divide us, and create a more caring, just world.

- **Confronting the Coronavirus Outbreak**

<https://www.gse.harvard.edu/uk/coronavirus>

An ongoing series about how schools and families can respond to change and disruption, build resilience, and help young people learn and thrive at home. Topics include “Building a Welcoming Community in Your Online Classes” and “Creative Connections While You Are Apart.”

- **Cultivating Empathy in the Coronavirus Crisis**

<https://www.gse.harvard.edu/news/uk/20/03/cultivating-empathy-coronavirus-crisis>

Strategies for adults to help children avoid isolation and self-focus and on how to shift their attention and concern to the needs of others.

PACER Center

Mission: PACER Center enhances the quality of life and expands opportunities for children, youth, and young adults with all disabilities and their families so each person can reach his or her highest potential. PACER operates on the principles of parents helping parents, supporting families, promoting a safe environment for all children, and working in collaboration with others.

- **Coronavirus (COVID-19) Resources for Families**

<https://www.pacer.org/special/covid-19.asp>

Onspire Learning Network: www.edsforschools.com/solutions/onspire

An online educational service provided by Educational Development Software (EDS) – a company that specializes in student support programs helping students and supporting educators. EDS is proud to serve over 1700 schools in PA, NJ, TX and MS and continues to maintain its singular focus – creating comprehensive effective learning solutions for K – 12 schools. From online reporting systems to evidence supported online professional development opportunities, EDS focuses on anti -bullying reporting and management, intervention programs and student assistance.

For information on how to access these courses and subscription fees:

<https://edsforschools.com/solutions/onspire/>

- **PA Cyberbullying Awareness for Educators**

With the prevalence of remote learning, cyber aggressiveness, which includes cyberbullying behaviors, has unique concerns in that they can be persistent, permanent and hard to notice. This course is designed to help educators develop a greater awareness of the cyber aggressive

experiences of children. This course includes an Introduction to Cyber Behaviors, Cyber Conflict vs. Cyberbullying and includes topics such as: Common Cyberbullying Tactics, Recognizing the Signs of Cyberbullying, 3 Cyberbullying Roles, Cyberbullying & Suicide, Best Practices for Teaching Cyberbullying Prevention and How to Report Cyberbullying to Law Enforcement.

- **Cyberbullying Awareness for Parents**

With the prevalence of remote learning, cyber aggressiveness, which includes cyberbullying behaviors, has unique concerns in that they can be persistent, permanent, and hard to notice. This course is designed to help parents develop a greater awareness of the cyber aggressive experiences of children. This course includes topics such as: How to Talk to Your Kids About Their Cyber Behaviors, Safe & Responsible Use of Social Media & Apps, Protecting Your Child's Privacy on Social Media & Apps, Introduction to Cyber Behaviors, Cyber Conflict vs. Cyberbullying, Recognizing the Signs of Cyberbullying, Cyberbullying & Suicide and How to Report Cyberbullying To Law Enforcement and Online Platforms.

STOPit Solutions <https://stopitsolutions.com/>

STOPit Solutions is an anonymous reporting and help system that provides students state-of-the-art tools to get help for themselves and others. Over 6,000 K-12 schools nationwide use STOPit, helping thousands of students and school communities each day.

- Provides online COVID-19 guidance and resources and webinars
- For reporting and help system costs: www.stopitsolutions.com

Secondary Student Resources:

Cyberbullying Research Institute www.cyberbullying.org

The Cyberbullying Research Institute is dedicated to providing up-to-date information about the nature, extent, causes and consequences of cyberbullying among adolescents.

- Online resources on topics such as: Coronavirus, Online Learning, Social Isolation, and Cyberbullying: How To Support Our Students.
- Online cyberbullying resources for parents, educators and youth.

Facing History and Ourselves www.facinghistory.org

Mission: Uses lessons from history to challenge teachers and their students to stand up to bigotry and hate. Free resources to support teachers during the COVID-19 pandemic:

- Free lesson plans can be found at:

https://www.facinghistory.org/resource-library/support-teachers-coronavirus-covid-19-outbreak?utm_source=helllobar&utm_medium=topbar

The School for Ethical Education (SEE) www.ethicsed.org

Teaches strategies to put ethics in action for positive student character formation.

- Free lesson plans on topics such as Ethical Capitalism in a Pandemic can be found at:

<https://www.ethicsed.org/ethics-blog.html>

- Professional development on topics such as Achieving with Integrity (Seminar) can be found at:

https://www.ethicsed.org/store/p14/Achieving_with_Integrity_%28Seminar_Only%29.html

Note: THERE IS A REGISTRATION FEE

A series of three, multimedia video seminars that support the development of high school lessons for English literature, social studies, health or ethics classes. Each lesson presents one aspect of the Tri-Factor Model of ethical functioning as adapted from the work of the late James Rest and his colleagues. The skills taught in this series can be easily integrated into existing curricula and additionally support excellent reasoning skills.